

# CARING TIMES

WINTER 2020

*Providing Growth for the Future*



## 1<sup>st</sup> Annual Ride the River

*Cycling Fundraiser*

*5km, 25 km or 65 km rides  
on the beautiful 1000 Islands Parkway*

Sunday  
May  
31

**Join us individually, as a family, or as a team to raise funds in support of hospital equipment.**

The Brockville and District Hospital Foundation is pleased to announce that we will be hosting the 1<sup>st</sup> Annual Ride the River Cycling Fundraiser that will be taking place on Sunday, May 31st, 2020 on the beautiful 1000 Islands Parkway. Ride the River will recognize the long-term contributions of Dr. Smylie to health care at Brockville General Hospital, and it will be our first significant fundraiser to support our equipment campaign.

**FACT: THE GOVERNMENT DOES NOT FUND CAPITAL EQUIPMENT PURCHASES FOR HOSPITALS – DONORS DO.**

Over the next five-years, the Brockville General Hospital will need to replace and upgrade urgently needed equipment in all departments at a cost of over \$15 Million. As the fundraising arm of the hospital, the Foundation will be planning strategically to achieve this goal.

This event is being organized not only for the serious cyclist; but, also for individuals, families and teams to enjoy a bike ride along the Parkway while raising funds to purchase needed medical equipment for Brockville General Hospital. Riders can choose between a 5 km, 25 km or 65 km ride along the path, starting and finishing at Brown's Bay Park. There will be free parking, snacks, rest stops, entertainment and prizes.

### INSIDE:

- Board Corner
- Redevelopment News
- Giving Outside the Box
- Donation News & Needs List
- Maternal Care Golf Tournament
- Upcoming Events



A gift to BDHF helps to ensure your hospital has the resources to provide quality care.

**Your donation makes a difference!**

To learn more about how you can support your community hospital, please contact:

**The Brockville and District  
Hospital Foundation**  
[www.bdhfoundation.com](http://www.bdhfoundation.com)  
613-345-4478  
[foundation@brockvillegeneralhospital.ca](mailto:foundation@brockvillegeneralhospital.ca)



### THE FOUNDATION IS NOW FULLY DIGITAL!

The BDH Foundation has a digital version of the newsletter. If you prefer to receive a digital-only copy, please let us know. We also have a very comprehensive website, so if you haven't already, please take a look and drop us a line at [foundation@brockvillegeneralhospital.ca](mailto:foundation@brockvillegeneralhospital.ca).

**BOARD CORNER**  
**ON THE HORIZON...**

2019 was a very busy year for the Brockville and District Hospital Foundation!

Not one to sit on our laurels, the Foundation will be gearing up for two “knock your socks off” events for 2020!



First up will be the *Under One Roof Motown Celebration* dance on May 23rd. This dance is to thank the public for their donations, and support, for the Under One Roof Campaign. The goal of raising the needed \$20 Million for the local share for Brockville General Hospital’s Phase II Redevelopment Fund was not only achieved but was surpassed. This could not have been realized without the public’s support! The Foundation is ever thankful for the community support that we continue to receive and the dance is one way for us to say...Thank you! Thank you! Thank you! The dance will take place in the Brockville Country Club’s Granite Room and music will be provided by Pauly & the Goodfellas. Tickets will go on sale in early spring.

The second event (a new Foundation signature event – that we are very excited about), will be the 1st Annual Ride the River Cycling Fundraiser that will be taking place on Sunday, May 31st, 2019. For more details please see information on the first page of this newsletter.

**Can you please tell us why the Foundation is always looking for new ways to raise funds in support of Brockville General Hospital?**

As with any hospital, medical equipment needs are

great, and ongoing. Equipment reaches its end of life-cycle much sooner than in the past, and improvements in diagnosis and treatment require new technology. As a result of new medical procedures and technologies, BGH’s needs continue to grow.

However, with the Foundation, fundraising is not just a means of raising money, but it’s also a way to promote our message, and our goals.

**Does the Foundation have a new goal/message to share with its readers?**

As mentioned, BGH’s needs are many. At this time the Foundation has launched an Infusion Pump Campaign. Infusion pumps are used to dispense various medications; to treat dehydration, infection or pain, and even to replace blood cells. Infusion pumps are used in almost every department at BGH on a daily basis. As such, the current infusion pumps are at the end of their lifespan and need to be replaced with updated technology in order to maximize safety for patients. A total of 165 infusion pumps are needed at a cost of \$2,500.00 each.

You can help us reach our goal by donating to the Infusion Pump Campaign today!



**HOW CAN A PERSON DONATE FUNDS TO HELP PURCHASE INFUSION PUMPS?**

**THERE ARE A NUMBER OF WAYS TO DONATE:**

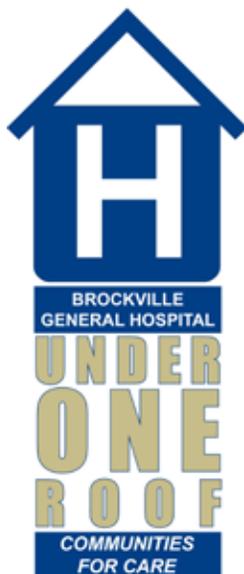
- Online at [www.bdhfoundation.com](http://www.bdhfoundation.com)
- By calling the foundation’s direct line at 613-345-4478 with your credit card information
- By personal cheque, payable to the BHDF and mailing it to the Brockville & District Hospital Foundation, 75 Charles Street, Brockville, ON K6V 1S8
- In person at the Foundation office, at Brockville General Hospital. The foundation staff are always happy to assist you with your donation, and answer any questions you may have.

# The Giving Continues...



Pictured (l-r) David Beatty, Campaign Co-Chair; Jason Jones, Lafarge Territory Manager 401 East Aggregates & Concrete; Michel Moreau, Lafarge Ready Mix Sales Manager NCR; Brent Argue, Lafarge Aggregate Commercial Manager Eastern Ontario & Gatineau; and Campaign Cabinet member Kevin Tackaberry.

Pictured Seated: (l-r) Mike and Jen's daughters Zoe, and Ruby. Back row: (l-r) Heather Halladay, BDHF Chair, Mike Ferris, Jen Burns and Nick Vlacholias, BGH President and CEO.



Pictured (l-r) Campaign Co-Chair David Beatty, Tom and Mary Lynn O'Shaughnessy and Campaign Co-Chair Mary Jean McFall.

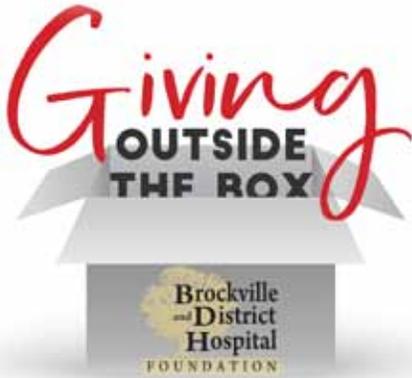
Three simple words define our campaign...  
**"Under One Roof"**

The completion of the Brockville General Hospital's Redevelopment Project will result in a distinctive centre of healthcare.

The catchment area will finally have, *under one roof*, an innovative healthcare environment that supports the physical, mental, and emotional needs of the community."



ABOVE LEFT - Pictured here are: (l-r) Joan Simon, Executive Director (BDHF); Mary Jean McFall, Campaign Co-Chair; George Tackaberry, Owner G. Tackaberry & Sons Construction Limited and Kevin Tackaberry, Manager, G. Tackaberry & Sons Construction Limited. ABOVE RIGHT - Pictured, sharing a laugh and some chocolate chip cookies are, Kevin Tackaberry, Mary Jean McFall, holding her granddaughter Charlotte, and George Tackaberry.



## DR. LESLEY BELANGER CHIROPRACTIC DONATE ITEMS TO BROCKVILLE GENERAL HOSPITAL'S CRITICAL CARE COMPASSION CARTS

In early November 2019, the Brockville and District Hospital Foundation (BDHF) received a call from Dr. Lesley Belanger's Chiropractic team. Each year, the team select a charity at Christmas time to support, and this year they chose to support Brockville General Hospital. Joan Simon, Executive Director of the Foundation, approached Brockville General Hospital and the hospital identified that there was a need for supplies for its Compassion Carts.

Compassion Carts at Brockville General Hospital were recently introduced in both the Intensive Care and Emergency Departments to improve the family experience while their loved one is in BGH's care. The carts are equipped with a coffee maker, water bottles, granola bars, and other snacks; phone chargers; lip balm, toiletries; puzzle books and activities to keep children busy.

Dr. Lesley Belanger Chiropractic Team were eager to step-up and collect donated items in their clinic to restock the Compassion Carts.

### **The BDHF asked Dr. Lesley Belanger Chiropractic Team what made the team decide to give in this manner in support of BGH?**

Their response; "Every year, since opening our clinic doors, we choose a local charity at Christmas time to support. Our goal is to help give



*Pictured: Front row (l-r): Maria Stirling, Office Manager, with Dr. Lesley Belanger Chiropractic, Nicole Valade, Critical Care Manager for BGH; (kneeling) Dr. Lesley Belanger (Clinic Owner) and Dr. Meghan Adams Chiropractor with Dr. Lesley Belanger Chiropractic. Back row: Dennis Hudson, BDH Foundation Board Member and Angie Norman, ICU Unit Clerk for BGH. Missing from the photo is Heather Conlin, Physiotherapist with the Dr. Belanger Chiropractic clinic.*

back to our wonderful community to help make Christmas a little brighter for those around us. Our families, friends, patients, and their families have always been so generous and supportive of the cause we choose, and this year was no exception!"

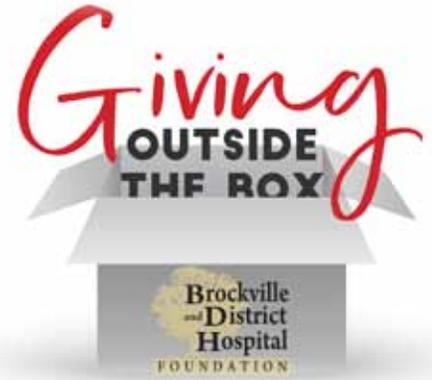
### **How did the team come up with the idea to give this way?**

"The clinic holds a staff meeting to come up with ideas that we may have heard about throughout the year. Brockville General Hospital was suggested in the hopes of helping one of the hospital's departments. We are so fortunate to have such a wonderful hospital here within our city. Each and every one of us have used their care; whether it's the ER, ICU, Women & Children's Program or the Medical Surgical Program. After speaking with the Brockville and District Hospital Foundation, we were then told about the Compassion Carts; which we thought was such an amazing program. It touched a place in our hearts as we have had family members admitted to BGH's Intensive Care Unit ourselves and know the challenges faced by families when you do not want to leave your loved one's bedside."

Joan Simon stated that, "By having the compassion carts available that offer these small; but, much appreciated comforts, Brockville General Hospital is able to provide a meaningful and family-centred care experience. The foundation is extremely fortunate to have such community minded people in our community that give in so many different ways."

To make a difference call the Foundation office at (613) 345-4478 or email [info@bdhfoundation.com](mailto:info@bdhfoundation.com)

## LEEDS & GRENVILLE INSURANCE BROKERS ASSOCIATION DONATE \$5,000 TO PURCHASE WHEELCHAIRS



A local annual golf tournament, hosted by the Leeds and Grenville Insurance Brokers Association, has turned into a fun way to raise money to help others.

In 2018, the Leeds and Grenville Insurance Brokers Association wanted to give back to community through their golf tournament that raised \$2,000. They selected Brockville General Hospital's (BGH) Palliative Care Program.

After discussing their plans for the 2019 tournament with Joan Simon, the Executive Director at the Brockville and District Hospital Foundation, the Association decided to raise money towards wheelchairs at BGH. Their donation of \$5,000 enabled the purchase of wheelchairs and a vein finder, for BGH.

“We are incredibly grateful to the Leeds and Grenville Insurance Brokers Association for their continued support,” said Simon. “It is through the generosity of our community that we are able to invest in the tools and equipment to enhance patient care at BGH”

### ABOUT THE LEEDS AND GRENVILLE INSURANCE BROKERS ASSOCIATION

The Leeds and Grenville Insurance Brokers Association is comprised of local businesses that are members of the Independent Brokers Association of Ontario that provides one-stop local insurance service. This service allows individuals to deal with a variety of insurance providers that can be accessed through the brokerage.



*Pictured with two of the new wheelchairs are: Seated (l-r), Marilies Rettig, BDHF Board Vice-Chair and Dan Cook, Insurance Broker for McDougall Insurance Brokers in Prescott (and member of the Leeds & Grenville Insurance Brokers Association).  
2<sup>nd</sup> row (l-r): Penny Miller, Porter for BGH, Stephanie Coutlee, Insurance Broker at McGahey Insurance Brokers Ltd. (and member of the Leeds & Grenville Insurance Brokers Association) and Debbie McInnes, Porter for BGH.*

To make a difference call the Foundation office at (613) 345-4478 or email [info@bdhfoundation.com](mailto:info@bdhfoundation.com)

# DONATION NEWS

## DR. STEVE AND DINA ZAJACZ DONATE \$1 MILLION TO BGH

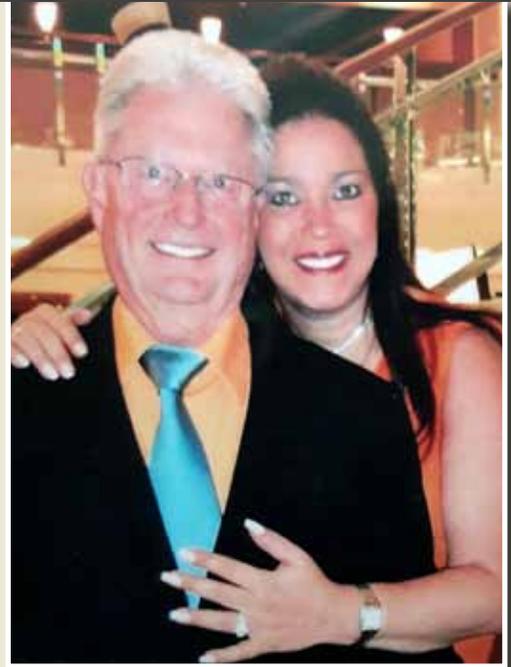
The Brockville and District Hospital Foundation (BDHF) is extremely grateful to Dr. Steve and Dina Zajacz's \$1,000,000 gift towards a new CT scanner at Brockville General Hospital (BGH). This donation will be used to update BGH's current aging equipment.

"Dr. Zajacz ("Dr. Z" as he is known to many of his friends and patients), and his wife Dina, are to be applauded for their commitment to BGH and our community," notes Joan Simon, Executive Director of the BDHF. "We are humbled beyond words by their generous donation."

Dr. Zajacz, and his wife Dina, understand the ongoing needs of health care. Their hope is that their donation will raise awareness and encourage other donors to support our community hospital. Many people are unaware that governments do not directly support the purchasing of medical equipment -- donors do. Donations, such as the Zajacz's, ensure that BGH has the best equipment.

When asked why they chose to make such a generous gift, they noted, "This community has been very good to us, and we feel that this donation is our way of giving back".

"CT scans are critical to providing care in a hospital. They show more details than a regular X-ray and by using 3D technology, allows our medical staff to clearly examine organs, bones, and other tissues," says Nick Vlacholias, President and CEO at BGH. "Investing in new equipment means physicians will have comprehensive results, faster, to help them diagnose and treat their patients. This translates into better quality patient care, right here in our community." "Thank you to Dr. and Mrs. Zajacz!"



## BGH EQUIPMENT NEEDS



**Infusion Pumps**  
165 needed

An infusion pump is a medical device that delivers fluids, such as nutrients and medications, into a patient's body in controlled amounts.



**Vital signs monitor**  
2 needed

Portable machine for taking vital signs – temperature, heart rate, blood pressure and oxygen saturation.



**Baby Bassinet**  
3 needed

The newer models of bassinets offer a narrow design, adjustable height, and a soft-edged basket with a titling feature making it easier for mom and baby to interact.

**YOUR GIFTS AT WORK** In the past year, the Brockville and District Hospital Foundation provided Brockville General Hospital with \$1.5 Million to purchase lifesaving medical equipment to help keep quality patient care close to home. The foundation was able to do this as a result of financial support from our community.

## A FOND FAREWELL AND A TRIBUTE OF THANKS TO THE GOLFING FOR MATERNAL CARE GOLF TOURNAMENT



*Pictured Above - Forefront: Pearl Hare, daughter of Kristin Hare. 2nd row (l-r): Ellen Gleason, RN, Women and Children's Program, BGH; Carole Hare, event organizer; Dr. Harvinder Chawla and Jen Brouwer, RN, Women and Children's Program, BGH. 3rd row (l-r): Kristina Swank, RN, Women and Children's Program, BGH; Krista Hare, event committee member; Tom Hare, event organizer; Kristin Hare, event committee member with son Chase Hare; Heather Halladay, Board Chair for the BDHF and Kellie Kitchen, Director of Professional Practice & Women & Children's Programs, BGH.*

The organizers of the Golfing for Maternal Care Golf Tournament, that supported Brockville General Hospital's Women & Children's Program, have made the decision to discontinue the tournament in support of BGH.

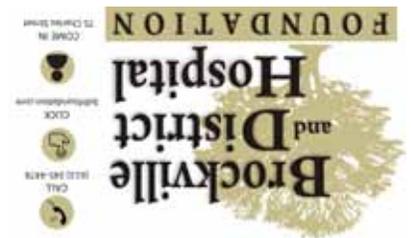
The Hare Family, and their small army of volunteers, ran the tournament in support of BGH's Women & Children's Program for six-years having raised over \$112,900 that purchase needed equipment items such as: fetal heart monitors, bassinets, sleeper chairs and a digital display Doppler.

On January 21st, several of the tournament organizers were on hand to present a final cheque that purchased

a Bilirubin phototherapy light system for BGH's Women & Children's Program. The phototherapy light system lowers the bilirubin levels in the baby's blood that causes a newborn to be jaundiced.

Joan Simon, Executive Director of the Brockville and District Hospital Foundation stated, "This event has been very successful. The Brockville and District Hospital Foundation (BDHF) is extremely grateful to have had this event on board for the last 6 years. But as we know, events often have a beginning and an end cycle due to a variety of factors. The BDHF would like to take this opportunity to bid a fond farewell and express sincerest thanks to the dedicated group of volunteers of the Maternal Care Golf Tournament."

75 Charles Street  
Brockville, ON K6V 1S8



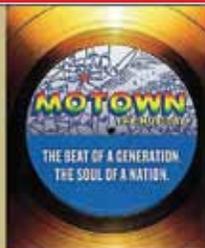
[ UPCOMING EVENTS ]

# UPCOMING EVENTS

May  
23

**NEW!**

UNDER ONE ROOF  
**MOTOWN**  
CELEBRATION



*Dance the night away at the Brockville Country Club to the sounds of Motown with Pauly and the Goodfellows.*



**NEW!**

*Ride the River*  
1000 Islands Parkway

May  
31

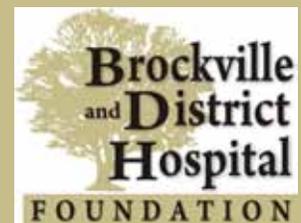
*Join us individually, or as a family, to raise funds in support of hospital equipment.*

June  
18

12<sup>th</sup> Annual  
**Heart & Solstice Event**  
An Evening at Thornton Cliff Estate



*At Rosemary Sexton's Thornton Cliff riverside estate, enjoy catered appetizers provided by our local restaurants, with wine & beer provided. In support of the Cardiac Rehab Program.*



75 Charles Street  
Brockville, ON K6V 1S8  
[www.bdhfoundation.com](http://www.bdhfoundation.com)  
(613) 345-4478

**Connect with us!**



**PRIVACY STATEMENT**

The Brockville and District Hospital Foundation respects your privacy. We protect your personal information and adhere to all legislative requirements with respect to protecting privacy. We do not rent, sell or trade our mailing lists. The information you provide will be used to deliver services and to keep you informed and up-to-date on the fundraising activities of the Foundation. If at any time you would like to be removed from our mailing list, simply contact us by phone at 613-345-4478 or by email at [foundation@brockvillegener-alhospital.ca](mailto:foundation@brockvillegener-alhospital.ca) and we will gladly accommodate your request.